

**TARHEEL DIVING ASSOCIATION
RULES AND GUIDELINES
2010**

I. MEETS

- A. Meets will be held as the schedule indicates.
- B. The usual starting time is 6:00 p.m., Thursday, for dual meets. Teams may adjust times for tri-meets as they see fit.
- C. Pools are not required to be closed to the club's general membership for the dive meets.
- D. Weather
 - 1. Home pool TDA representative, along with the home pool manager, will be responsible for decisions regarding weather and its effects on the meet.
 - 2. Meets may be held in the rain but NOT in thunder and lightning.
 - 3. Rain date is on or before the weekend following the canceled meet. If the meet is held on the weekend, the pool is not required to be closed. The make-up meet must be held prior to the following Tuesday.
 - 4. If a meet is called due to weather after the 13-14 girls competition is completed, the meet is declared over and the winner is declared based on points awarded. If the meet is called before the 13-14 girls are completed, competition will resume on the rain date from the position at which the meet was called.
 - 5. The Meet Director will make any weather decisions for the TDA Championship meet.
- E. Meets may not be delayed for more than 30 minutes under any circumstances (weather, late arrival, etc.).

F. Diving Facilities

1. The diving board for a meet will be approximately 1 meter.
2. TDA requires a diving facility with a minimum diving well depth of nine feet.
3. Diving teams with diving well depths of less than nine feet will be required to make arrangements to provide alternate facilities to host home meets unless an exception is approved by a majority of TDA Reps.

II. EVENTS

A. Order of Events

1. Girls compete first in each age group.
2. Age Groups
 - a. Events will be conducted in order of age group, youngest first.
 - b. Divers will dive in the age group of their age as of June 1st.
 - c. Age groups for competition will be:
 - 1) 8 and under
 - 2) 9 and 10
 - 3) 11 and 12
 - 4) 13 and 14
 - 5) 15 thru 18
 - d. Divers may compete in older, but never younger age groups.
Divers may age up in meets at the discretion of their coach.
 - e. Any one diver may dive in only one age group at any given meet.
3. The visiting team provides the first diver in each age group. Then the home team and visiting team alternate divers for the rest of the age group set.

B. Warm-ups

1. A general warm-up period will be allowed prior to each meet. The home team will warm up from 5:00 – 5:30 p.m.; the visiting team will warm-up from 5:30 – 6:00 p.m. In tri meets, warm ups will begin at 4:30 p.m. The diving well will be closed at the start of warm ups to the patrons of the pool.
2. Additional approach warm-ups will be allowed for each team member in a group or age groups as agreed upon by the TDA Reps and coaches. This additional warm-up will take place prior to the start of competition for that group but not to exceed 10 minutes.

C. Individual Diver's Program

1. Divers will perform four dives, one required and three optional.
2. Coaches will turn into the recorder one dive sheet for each diver by 5:45 on the day of the meet. The dive sheets must contain the following information, clearly written:
 - a. team name
 - b. diver's first and last name
 - c. boy/girl
 - d. age group
 - e. dive number or name, and position of dive
3. One dive on each diver's program must be from the Front Drive group. The front dive must be performed as one of the first three dives on the diver's program, to ensure that the dive is performed (see II C 9, below). See table below for allowable front dives and their associated DDs:

Dive	Description	Straight "A"	Pike "B"	Tuck "C"
100	Front Jump	0.8	----	----
101	Forward Dive	1.4	1.3	1.2
102	Forward Somersault	1.6	1.5	1.4
103	Forward 1 ½ Somersault	----	1.7	1.6
104	Forward Double Somersault	----	2.3	2.2
105	Forward 2 ½ Somersault	----	2.6	2.4

4. Each diver's program must contain dives from at least two dive groups (front, back, reverse, inward or twist). **For the TDA Championship meet, each diver's program must contain dives from at least three dive groups; except for the 8 and under age group who may dive from only 2 groups.**
5. A dive cannot be repeated in a different position
6. A diver (age 9 – 18) who is only able to perform three dives will be allowed in the meet only with the approval of his/her coach and will be considered to be diving on an exhibition level only. A diver (age 8 and under) who is only able to perform two dives will be allowed in the meet only with the approval of his/her coach and will be considered to be diving on an exhibition level only.

A front jump or a back jump may be used in lieu of other dives and shall be assigned a degree of difficulty of 0.8.

Exhibition divers receive scores from the judges, but their total score is not considered in determining place winners, they do not receive place points, and therefore do not contribute toward the team score. Honorable Mention ribbons may be awarded to exhibition divers.

7. A diver is allowed to change one and only one dive per meet as follows:

- a. The diver will request this change while he/she is on the board during the meet. The diver will speak directly to the announcer. The announcer will announce the new dive and D.D.
 - b. If the new dive has a higher D.D. than the original dive, the original D.D. will be applied. If the new dive has a lower D.D. than the original dive, the lower D.D. will be applied. **No diver may increase his or her D.D. when changing a dive.**
8. If only one team has divers in an age group, the dives must take place for the team to be awarded points. However, the coaches and TDA Reps may agree to have each diver perform only 3 dives.
 9. If an age group has more than 10 divers in an event during a dual meet, those divers will only perform their first 3 dives as listed on their dive sheet. No change in the order of dives will be allowed. Those divers before the meet who were only diving Exhibition will still be considered Exhibition even though the event was reduced to three (3) dives. **This rule does NOT apply to the TDA Championship Meet.**
 10. No team may have more than 10 divers in any one event per meet. Coaches should plan accordingly.
 11. Boys and girls 8 and under will be limited to 3 dives, one of which must be from the Front Dive Group (see Section II C 3, above).

D. TDA Championship Meet

1. The TDA Championship meet will be held the Thursday and Saturday of the week following the last regular season meet. 8 and under girls, 8 and under boys, 9/10 girls, 9/10 boys, and 11/12 girls will compete Thursday evening; 11/12 boys, 13/14 girls, 13/14 boys, 15-18 girls, and 15-18 boys compete Saturday morning. Typical start times for the meet are 5:30pm Thursday and 8:30am Saturday, although times can be modified to allow for travel and warm-ups.
2. Team warm-up times will be determined and announced to the league no later than one week prior to the first day of competition. Warm-up order for Thursday's competition will be determined by random

draw. Warm-up times for Saturday's competition will be the reverse order of Thursday. Each team should be provided approximately 20 minutes of warm-up time at the host facility

3. Rules for the TDA Championship meet will be the same as for all regular dual meets except all divers 9 & up must have dives from three dive groups.
4. It is recommended that the TDA Championship meet be rotated annually among member teams with a suitable facility; i.e., an adjustable board and adequate spectator facilities.
5. A diver must have competed in at least 2 regular dual/tri meets in order to compete in the TDA Championship. (Exhibition divers at dual/tri meets will count as participation in a dual meet.) The TDA Meet Director will confirm with the TDA Secretary that all entered divers have met the minimum meet requirement.
6. Medals and team points will be awarded to the top 10 finishers in each age group by gender. Ribbons will be awarded to divers who finish 11th place and on. Team trophies will also be awarded.
7. The TDA Meet Director for the TDA Championship Meet will be assigned on a rotating basis of all clubs participating in the Tarheel Diving Association. The Meet Director will be responsible for ensuring all meet guidelines are met, and will have the final say in any disputes.
8. Dive sheets (2 sheets for each diver) for 8 & under and 9-10 age groups must be in to the TDA Meet Director no later than Tuesday before the meet. Dive sheets (2 sheets for each diver) for 11 & up must be in to the TDA Meet Director no later than Thursday before the meet. Failure to provide sheets on time will result in a \$1.00 fine per diver. Fees for the TDA Championship meet will be \$7.00 or the designated amount set by the TDA Board, per diver and must accompany the dive sheets.
9. Only 3 divers per age group and gender who meet the meet requirements will be allowed per team.

10. Each team participating in the TDA Championship must supply table workers so that the table worker responsibilities are equally shared among the participating teams. Two scoring tables are run at the TDA Championship Meet, requiring the following number of workers:

- Announcer – 1
- Recorder – 2 (1 per table)
- Slash & Add – 2 (1 per table)
- DD & Totaler – 2 (1 per table)
- Score Checker – 2 (1 per table)
- Awards – 2

Each table will have a ‘score checker’. After a dive score has been recorded and totaled, the two score checkers compare the cumulative score for that diver to ensure that the score was calculated correctly. If the scores do not agree, the checkers should determine if:

- 1) A calculation error was made.
If a calculation error was made (adding/multiplying performed incorrectly), the calculation should be corrected and the score re-checked with the other table.
- 2) Scores were recorded incorrectly by one of the tables.
If the recorded scores differ, there is no way to determine the actual scores that were awarded. In this case, the checkers should take the average of the two scores and replace the score on both of the sheets with the new average score.

11. Each team participating in the TDA Championship must supply at least one judge per championship competition (i.e. one judge Thursday and one judge Saturday). Judges for the TDA Championship meet must have attended the current season’s Judging Clinic, and must have judged a minimum of two regular season meets.

The TDA Championship meet requires at least 5 judges of which one judge will serve as the referee. If more than 5 teams are currently participating in the Tarheel Diving Association, the amount of judges may be increased to 7. The judges will appoint among themselves a referee and an assistant referee. The referee and assistant referee may not be from the same team. If the judges cannot decide on a referee and assistant referee, the TDA Meet Director will appoint a referee and assistant referee.

12. Any team not providing the required amount of table workers/judges, upon the discretion of the Meet Director, will forfeit their teams' participation in this event.
13. Each team will be assigned a 20 minute warm-up time prior to the start of the day's events. Warm-up times will be assigned to teams based on a random draw by the TDA Meet Director. The TDA Meet Director will notify teams of their assigned warm up times no later than one week prior to the first day of the championship meet. Fifteen minute warm-up sessions will also be held prior to the start of each age group competition.
14. Awards will be given after each age group dives and before the next age group begins. This includes the Most Points Award.

III. JUDGING

A. Assignment of Officials

1. The home team will furnish two judges and 1 referee, who also serves as a judge; the judges must be 18 years of age or older.
2. The visiting team will furnish two judges.
3. Both judges and referees must have attended a current season's judges' training clinic.
4. Current U.S. Diving Association guidelines for technical aspects in judging a dive will be used.
5. Inability to provide the required number of currently trained judges and/or referee may have the following results:
 - a. The team, which cannot provide the official, forfeits the right to provide the judge to the opposite team.
 - b. If five currently trained judges are not available, the referee may serve as both a judge and referee.

- c. If both teams together cannot provide the required number of judges, the number of judges for the meet will be reduced.
6. A judge or referee may step out of a certain age group if a currently trained replacement is available.
- B. A meeting of all judges, referees and TDA Reps will be held at 5:45 p.m. on the day of the meet to go over the rules or anticipated problems. Each official will be informed of his/her own area of responsibility and is to limit his/her activity to that area. Home team presides at such meetings.
- C. Judging will be based on applicable diving rules and guidelines applied in a consistent manner. All officials before the start of the meet must agree upon any exceptions.
- D. Referee
- 1. The referee is responsible for observing the dive for technical correctness:
 - a. When the referee observes an infraction during the dive, he will instruct the judges “...(specific infraction)... has occurred. Please judge accordingly.”
 - b. The referee’s observations are to be used as guidelines by the judges. Each judge should score each dive, as he feels is appropriate in most cases (see #2 below).
 - 2. If an incorrect (failed) dive is performed, the referee will announce an incorrect dive and a score of zero will be given for that dive. No judge will be allowed to submit a score other than zero.

Divers ages 12 and under may repeat the failed dive; however, the dive will not be scored, and the score of zero will stand.

3. Repeating the Dive

- a. The referee may permit a diver to repeat his/her dive if the referee feels it is warranted because of an unusual occurrence disturbing the diver during his/her dive.

- b. The diver must go directly to the referee to request a repeat without discussion with his coach.
 - c. The referee may offer the option for the diver to repeat the dive if he/she feels it is warranted.
 - d. The decision of the referee is final.
4. In the event that a diver receives the help of their coach, verbally or physically, while on the board, the referee will instruct the judges to give the diver a score of no higher than 2.
5. In the event of a balk, **judges will score the dive as if the balk did not occur**. The referee will announce to the announcer that a balk has been declared. The announcer will subtract 2 points from each judge's score as it is read.
6. If a child falls off the board, the dive will be considered an incomplete dive. Those divers in the 8 and under group will be given the option to repeat the dive, **but no score will be given**.

IV. SCORING

A. Individual Scores

1. The five judges will individually decide the score for a dive.
 - a. The high and low scores will be dropped.
 - b. The three remaining scores will be added together.
 - c. The total will be multiplied by the appropriate degree of difficulty for that dive.
 - d. The scores of each diver's four dives will be added together to get the individual diver's "total dive points".

- e. Degree of difficulty will be used from U.S. Diving Association Rules and Handbook. The exception is for front jump and back jumps that will receive a D.D. of 0.8.

B. The Scoring Table

1. All spectators and divers must stay away from the scoring table unless receiving a ribbon. This also applies to siblings and table worker's children.
2. The home team will furnish the announcer and half the people (each team supplies 3 workers) needed to work the scoring table during dual meets.
3. The visiting team will furnish the remaining scorers.
4. Table workers shall be 18 years of age, or older.
5. Responsibilities
 - a. Prior to the meet:
 - 1) The recorder will group divers' sheets for both teams by boy/girl age group. Within each boy/girl age group, the recorder will place divers' sheets in alternating order: visiting team, then home team, in the order provided by the coaches. The sheets will then be numbered and given to the announcer.
 - 2) The announcer will announce the officials and any ground rules which are applicable to that facility.
 - b. During the meet:
 - 1) Announcer
 - a) The announcer will announce each dive, giving the following information:
 - Diver's name
 - Dive
 - Position

- Degree of Difficulty
- b) He will pass the sheet to the recorder
- c) After the dive has taken place, the announcer will say, “Judges, scores please.”
- d) He will announce the scores for that dive.
- e) The team scores will be announced at the conclusion of the meet.

2) Table Workers Jobs

- a) The recorder records each judge’s score for the dive.
- b) First scorer (“Slash/Add”) crosses out the high and low scores and totals the three remaining scores.
- c) Second scorer (“DD and Totaler”) multiplies that total by appropriate degree of difficulty and adds the diver’s total for the current dive to the previous total.
- d) Third scorer (“Runner/Checker”) checks all math and returns the sheet either to the announcer or hands it to the person doing ribbons.
- e) Awards: This person collates the dive sheets (separated by age group and gender) in order from highest score to lowest score, writes the place finish on each diver’s sheet, writes the appropriate ribbons for the divers, and fills out the ribbon sheet (**including Exhibition divers**), which is where the team scores are tallied. The results from each age group are then recorded onto the results form and tallied to determine team scores.

C. In the event of insufficient table workers are available; the position of recorder and first scorer, and the positions of second and third scorers may be combined.

D. Team Scores

1. Their total dive points will rank the divers within each age group (grouped by age and sex).

Team points will be awarded to the top six places in each age group for dual meets as follows:

- a. 1st place – 10 points
- b. 2nd place – 7 points

- c. 3rd place – 5 points
- d. 4th place – 3 points
- e. 5th place – 2 points
- f. 6th place – 1 point

In the event of a tie, the higher place will be announced twice and the lower place will be eliminated. The points for the higher place + the lower place will be split between the teams.

E. Awards will be furnished by the home team

1. Ribbons for the first six places in each age group as follows:

- a. 1st – Blue
- b. 2nd – Red
- c. 3rd – White
- d. 4th – Yellow
- e. 5th – Green
- f. 6th – Pink

2. Honorable mention ribbons will be furnished to all other divers 10 and under. These ribbons will be light blue and marked “Honorable Mention”.

F. Team points will be awarded for the TDA Championship meet as follows:

- a. 1st place – 15 points
- b. 2nd place – 13 points
- c. 3rd place – 11 points
- d. 4th place – 9 points
- e. 5th place – 7 points
- f. 6th place – 5 points
- g. 7th place – 4 points
- h. 8th place – 3 points
- i. 9th place – 2 points
- j. 10th place – 1 point

G. At TDAs, a ‘Most Points Award’ will be given to the boy and girl in each age group who has the most cumulative points over the season.

Eligibility and scoring for the Most Points Award is based on the number of meets in the current TDA season.

In a **four meet season** (each team dives competes against four other pools), divers are eligible for the Most Points Award if they have **competed in three** of their team's four TDA meets. Most Points are calculated by taking each diver's **top three final scores**.

In a **five meet season** (each team dives competes against five other pools), divers are eligible for the Most Points Award if they have **competed in four** of their team's five TDA meets. Most Points are calculated by taking each diver's **top four final scores**.

H. The TDA Board as per Section V B will provide awards for the TDA Championship Meet.

V. MISCELLANEOUS

A. Fees

Team fees (>20 divers) - \$100 per season, payable by April 15.
 Team fees (<= 20 divers) - \$5 per diver per season, payable by June 1.
 TDA Championship Meet - \$7 per diver, payable 1 week prior to the meet. \$2 of each entry fee will be provided to the host team.

B. TDA Reps

1. Each team must have a TDA Rep to serve on the TDA Board.
 - a. The positions on the TDA Board will be assigned on a two year rotating basis, as follows:

	President	Vice President	Secretary	Treasurer	TDA Meet Dir.
2009/2010	NB	SHRC	WV	PW	NH
2011/2012	NH	NB	SHRC	WV	PW
2013/2014	PW	NH	NB	SHRC	WV
2015/2016	WV	PW	NH	NB	SHRC

b. The responsibilities of the Board positions are as follows:

President – Responsible for scheduling spring board meeting, publishing the TDA Dive Meet schedule, and scheduling the Judging Clinics. Must collect names and contact info for all TDA Reps and coaches and distribute the information to the TDA Reps.

Vice President – Assist the President, provide updates to the TDA Rules and Guidelines document.

Secretary - Responsible for tracking divers' scores throughout the season in order to determine the Most Points Award and to confirm eligibility for TDAs. Should request a typed roster from each team prior to the first meet to ensure names are recorded correctly.

Treasurer – Responsible for collecting team dues and TDA Championship entry fees, and for providing facilities fee to TDA Championship host team. Responsible for ordering and distributing regular season ribbons, and for ordering and delivering to the TDA Championship meet: TDA Trophies, TDA medals/ribbons, and Most Points Awards.

TDA Meet Director – Responsible for all aspects of the TDA Meet, including: ensuring that dive sheets and entry fees are turned in on time, confirming eligibility of divers to compete, confirming all divers have dives from the required number of groups (3 groups for divers 8&Under, 4 groups for divers age 9 and up), submitting TDA entry fees to Treasurer, ensuring all TDA guidelines are met during the meet, and resolving any disputes that arise.

2. The TDA Rep or their representative must be present at his/her team's meets.
3. Each TDA Rep is responsible for ensuring that the proper amount of table workers, judges, referees, etc. from their team is available for each meet.
4. Each host team TDA Rep must report individual and meet scores to the TDA Secretary no later than one week following a meet.

5. Upon retiring, the TDA Rep is responsible for providing the TDA Board with the name and telephone of the new representative and transferring any information and materials.

C. Coaches

1. Diving meets are for the divers. There should be no protest, bitterness, or unsportsman-like conduct.
2. If a diver is doing something illegal, inform him of this.
3. All divers must remain in the designated area when not diving.
4. Coaches must have control of their divers at all times.
5. Coaches are responsible for ensuring that all dive sheets are filled out correctly and handed in on time.
6. Coaches cannot serve as officials without approval of the TDA Reps.

D. Parents and Spectators

1. Unsportsman-like conduct during the meets will not be tolerated. Such disturbances could warrant removal from the diving area.
2. Adverse conduct on the part of spectators could lead to the team being removed from the league.
3. If a situation gets out of hand, a meeting of TDA Reps and the referee will be held and a joint decision will be made as to how to handle the situation.
4. Alcoholic beverages are prohibited on the pool grounds during the meet. Alcohol is not to be consumed or brought to the meet by any spectators, officials, TDA Reps, etc.

E. Team Membership

1. A diver may dive for only one club in the Tarheel Diving Association during the season.
2. Participation in the first meet decides membership for the season.
3. If the diver has individual and family memberships at two different clubs, he/she may choose the club for which to dive during the season.

F. Clinics

1. TDA officials to train judges and referees will conduct clinics each season.
2. A person must have attended one of these clinics during a current season to be allowed to judge or referee.
3. Attendance of TDA Reps and **coaches** is required.

VI. Revision History

Section	Description of Change	Date of Change
II C 3	Clarifies dives that qualify as required Front Dive. Required front dive may be: 100 (front jump), 101 A, B, or C; 102 A, B, or C; 103 A, B, or C; 104 A, B, or C; 105 A, B, or C.	March 29, 2009
II D 9	Strikes the recommendation that coaches serve as judges for the TDA Championship Meet. Instead requires that judges for the TDA Championships have attended the current season's judging clinic, and have judged a minimum of two regular season meets	March 29, 2009
II D 11	Requires that the TDA Meet Director email teams one week prior to the TDA Championship Meet with their assigned warm up times.	March 29, 2009
III D 2	Allows divers 12 and under to repeat a failed dive. The repeated dive will not be scored, and the score of zero will stand; however, it gives divers an opportunity to gain practice/confidence in performing the dive.	March 29, 2009
IV B 4	Increases the minimum age for table worker volunteers from 14 years old to 18 years old.	March 29, 2009
IV G	Changes the minimum number of meets required to be eligible for Most Point Winner to 3 out of 4 meets, instead of 4 out of 5 meets. (This change implemented this year due to decrease in number of regular season meets.)	March 29, 2009
I F 3	Clarifies the requirement that teams with diving well depths of less than nine feet provide "alternate" facilities instead of "their own" facilities.	May 9, 2010
II C 3	Clarifies that the required dive in a diver's program must be from the front dive group, not a front dive.	May 9, 2010
II C 6	Allows divers 8&under to participate as exhibition divers by performing two dives instead of the required three dives. Added an explanation that exhibition divers receive scores from the judges, but their total score is not considered in determining place winners, and does not count toward the team score. Honorable Mention ribbons may be awarded to exhibition divers.	May 9, 2010
II C 11	Clarifies that of the three dives performed by 8 and under divers, one must be from the front dive group, not a front dive.	May 9, 2010
II D 1	Changes the date of the TDA championship meet to the week following the last regular season TDA meet, instead of the week prior to the TSA championship meet. Further describes meet logistics (start times, assignment of diver groups).	May 9, 2010
II D 2	New. Describes determination of warm-up times for the TDA Championship meet.	May 9, 2010
II D 10	Describes the role of the 'score checker' at the TDA Championship Meet.	May 9, 2010
II D 11	Clarifies that of the 5 (or 7) judges at the TDA Championship Meet, one must serve as a referee. Describes how the referee and assistant referee are selected.	May 9, 2010
IV G	Clarified that Most Points Award eligibility and scoring are based on a diver's participation in three of four, or four of five, TDA meets.	May 9, 2010

V B 1 a	Defined the terms of TDA Board Members as two years.	May 9, 2010
V B 4	Requires host team TDA Reps to report individual and team scores within one week of a meet.	May 9, 2010