

WOOD VALLEY SWIM & RACQUET CLUB
2009 REVISED
RULES AND REGULATIONS

SECTION I: GENERAL RULES

These rules and regulations are for the benefit and protection of all members and guests of the Wood Valley Swim & Racquet Club. They have been established to assure safe and sanitary operation and use of the pool facilities and adjacent areas, and to provide enjoyable recreation to all members and their guests. **Failure to comply with any of these rules may be considered sufficient cause for suspension of club privileges.**

The Operations and Rules Committee, subject to approval by the Board of Directors, is responsible for the development, amendment, and interpretation of these rules and operating procedures.

The Pool Manager and staff are delegated responsibility for safety, order, and cleanliness in and around the pool and adjacent grounds through the daily enforcement of the rules and regulations. The Pool Manager shall have the authority to suspend pool privileges for a period not to exceed three (3) days. The Pool Manager may recommend to the Board of Directors suspensions longer than three (3) days if sufficient cause.

Grievances and/or complaints about violations of the rules and regulations and/or non-enforcement of rules and regulations should be referred to in writing to the Board of Directors at <http://www.woodvalleysrc.com/home-page/contact>.

All members are expected to show the Pool Manager and staff proper respect and co-operation at all times. Parents are requested to review these rules with their children and to encourage their co-operation and support.

Members are responsible for all damage done by themselves, their families, and their guests. Any person caught stealing or vandalizing Club property will be turned over to the proper legal authorities and may have their Club privileges suspended and/or revoked.

Adult members are personally responsible for the safety and supervision of the children they accompany. The responsibility of adults accompanying children is not discharged because a lifeguard is on duty. Adults accompanying children to the pool, playground, basketball courts, or tennis courts are responsible for their children's supervision, protection, control and discipline at all times.

All laws in effect within the State of North Carolina are applicable on Club property as well.

The Wood Valley Swim & Racquet Club is not responsible for loss of or damage to personal belongings or vehicles on Club property.

Intoxicated or disruptive persons will not be permitted on Club property.

No overnight parking allowed. All vehicles must be removed by 11:00pm. An exception will be made for Club approved events that continue past 11:00pm.

The facilities and grounds are closed from 11:00pm to 6:00am. No loitering is allowed anywhere or at any time on Club property. Violators of either rule are subject to arrest.

The breezeway and entrance to the pool must be kept clear at all times. There shall be no loitering or congregating of members in this area.

Excessive noises emanating from loud speakers, portable radios, etc. are prohibited.

Animals are not permitted on to tennis courts, basketball courts, playground, or pool area.

All trash must be deposited in the receptacles provided. Please help keep the club and premises clean and neat.

No scooters, bicycles, skateboards, or any type of roller skates are allowed in the pool area or on the tennis courts. Bicycle parking is only allowed in the bike rack area. No motorized vehicles of any sort allowed on sidewalks.

The use of the word "Adult" in these rules and regulations shall be interpreted to be any responsible person, age eighteen (18) or older. "Guardian" shall be interpreted to mean any responsible dependent or babysitter, age 13 or older (see

Nanny/babysitter in Section V). Dependents of a member are entitled to the same privileges as the member and are subject to the same rules and regulations.

SECTION II: GENERAL ADMISSION

Before entering the pool area, every member must check-in with their membership card and phone number.

No member will be allowed in the pool area without their valid membership card. This applies to both adult and minor members.

Admission and registration of guests are covered in Section V: Guest Policy.

Children of age ten (10) or older can enter the pool by themselves, but adult supervision is strongly suggested. Parents are requested to review these rules with their children and to encourage their co-operation and support.

All children under 10 must be accompanied by an adult or guardian.

SECTION III: SWIMMING AND DIVING RULES

Swimming Pool Rules

1. Showers must be taken before entering pool.
2. NO GLASS containers allowed inside the gated pool area.
3. No animals allowed inside the gated pool area.
4. No child under the age of 10 is permitted to enter the premises with out an adult or guardian.
5. Diaper aged children must wear swim safe diapers in main pool and wading pool. (Diapers available to purchase at the check-in counter).
6. Adults and guardians are responsible for children using the wading pool and deck area (see Wading Pool rules below).
7. Bathing suits or appropriate swim wear required.
8. Do not hang on the lane ropes, basketball rim, or net.
9. No Diving allowed in the main pool – diving only permitted in diving well.
10. No running, pushing, wrestling, other forms of horseplay or profanity are permitted in or around the pool area.
11. Persons having infections of the skin, eyes, respiratory or gastrointestinal system, or wearing bandages will be excluded from the pool.
12. No supersoakers or water shooters that shoot more than 2 feet.
13. Only wearable flotation devices that are US Coast Guard approved may be used with adult supervision. Adult must be in the water with the child. These flotation devices are only permitted in main pool area - not permitted in the diving well.
14. No Smoking on the pool deck.
15. For your safety diving blocks are for swim team and swim lessons only.
16. A ten (10) minute break period will be enforced every hour. All swimmers under age 18 will leave pool during this break period.
17. Children of age ten (10) or older can enter the pool by themselves, but adult supervision is strongly suggested. Parents are requested to review these rules with their children and to encourage their co-operation and support.

18. The Pool Manager(s) and staff have developed the following disciplinary action plan:
 - a. 1st offense = warning
 - b. 2nd offense = sit out for 15 minutes
 - c. 3rd offense = sit out for 30 minutes
 - d. 4th offense = parents are called and child must leave the premises promptly.
19. Members are responsible for all damage, trash, spills and bathroom accident done by themselves, their families and their guests.
20. The Pool Manager and staff will regulate and manage the use of the pool during operating hours. Management reserves the right to suspend any member or member's guest who violates the swimming pool rules and regulations or endangers the safety and enjoyment of others.
21. No one is allowed to swim during non-guarded hours. Exceptions are swim team practice and the Adult Morning Lap swim. The Adult Lap Swim is offered in the mornings before the pool is open. Requirements are that you are 18 or older, have at least 2 people present, and register in advance.

Diving Well Rules

1. One person on the diving board at a time.
2. Jump off only at the front of board and only one bounce before jumping is allowed.
3. Swim to the ladder nearest the diving board that is used; do not exit via the side of the pool.
4. Adult catchers will not be permitted.
5. No free swim in diving well unless authorized by guards and boards are properly blocked. Boards cannot be blocked if someone is currently using them. Free swim and games will be limited to 20 minutes for every swim period.
6. No flotation devices allowed in diving well.
7. Only qualified swimmers will be permitted to use the diving boards. Swimmers must be able to swim unassisted to designated ladder(s).

Wading Pool Rules

1. Please be aware that this is a non-guarded area. Adults and guardians must be in the enclosed area with their child.
2. No child over the age of five (5), other than parent or guardian is allowed in the wading pool at anytime.
3. Diaper aged children must wear swim safe diapers while using the wading pool. (Diapers available at the Check-in counter).

Lap Lane

1. Do not interfere with swimmers in the lap lane.
2. Do not enter or exit pool by crossing lap lane when swimmers are using lap lane.

SECTION IV: FOOD AND EATING

For your safety, NO GLASS CONTAINERS WILL BE ALLOWED ON CLUB PROPERTY.

All food and drink must be consumed in the designated areas. No food, drinks, or chewing gum will be allowed in the pool.

Please clean-up all spills, trash, and crumbs promptly. Help us keep the Club neat, clean, and bug free.

SECTION V: GUEST POLICY

“**In-County Guests**” are defined as family or friends who live in Wake County and are visiting the pool with a member.

“**Out-of County Guests**” are defined as family or friends from outside Wake County and are visiting the pool with a member.

“**Houseguests**” are defined family or friends visiting from outside the Triangle area and living with you in your home for one or more days. All guests must be accompanied by a member at all times who is at least 13 years of age.

Guests' fees & limits

- Each member family may invite guests two days per week.
- In-County Guests are limited to a maximum of 5 visits per season.
- There is a maximum of 2 guests at a time per family member.
- In-County Guest fee is \$4.00 per person/ per visit.
- Out-of-County Guest fee is \$2.00 per person/per visit.
- Children under the age of one (1) will not be charged a guest fee.
- Nanny/babysitter will not be charged a fee. Nanny/Babysitter information must be provided by the member in advance. Nanny/babysitter must have member's child with them at all times.

Houseguest fees & limits

- Houseguest fee is \$2.00 per person/per visit.
- Houseguests of members are not subject to the two day per week limit.
- Houseguests do not need to be accompanied by the member provided the member has registered them as a Houseguest in advance.

Guest Registration

- All guests & houseguest will need to fill out a registration card with name, address, and phone number. Staff will keep an index card on file for every guest each season.
- All guests need to check-in and sign their index card at each visit.

SECTION VI: LOST & FOUND

- Items will be cleared out weekly. Please check the box promptly for lost items.

SECTION VII: PLAYGROUND

- Parental supervision is a must. The playground is not watched by the lifeguards. Play at your own risk.
- The large playground in the wooded area is for ages 10 and under.
- The small playground is for ages 4 and under.
- Do not climb on the outside of structure or on top of it.
- Keep wood chips in the playground area.
- For your safety, please wear shoes on the playground.

SECTION VIII: TENNIS

General Tennis Rules

The courts have a lock on the gate. It will be the member's responsibility to see that the gate is locked after entering and leaving the courts.

A first-come, first serve policy will be in effect with the following exceptions:

- Reservation by write in of Courts 1 & 2 (refer to Court Reservations Rules)
- Adults (18 or older) shall have priority on weekdays after 5:00pm, weekends, and holidays.
- Club sponsored tournaments, clinics, etc. shall have the top court priority.

Play is limited to one and one-half hours if there are waiting players. Courts will be surrendered immediately upon expiration of time.

No profanity, unsportsmanlike conduct, or excessive noise will be allowed on the courts.

Courts are to be used for tennis only. To protect the tennis court surface:

- Players' must wear SMOOTH SOLE TENNIS SHOES (no running shoes)
- No pets
- No scooters, skateboards, bikes, or roller blades.

All guests must be accompanied by a member.

Court use shall be restricted to one court per family if there are waiting players.

Court Reservation Rules

1. Courts 1 & 2 must be reserved by write-in. Courts 3 & 4 will be available on a first-come first-serve basis.
2. The procedure will be to sign in your name on a reservation sheet for the date, court, and time slot you want. The reservation sheets will be posted on the bulletin board inside Court 2.
3. Only one ACTIVE reservation is permitted at any given time. For example, if you reserve a court for Tuesday evening, you cannot reserve another court for Wednesday until after you have played Tuesday.
4. Reservations will be limited to adult members only. The existing general tennis rule with respect to court priority continues to apply.
5. Two succeeding court periods are not allowed by the same players, if there are others waiting.
6. Period of play will be one and one-half hours, at the times listed.
7. After a 10 minute grace period, reserved courts become available to waiting players.